



National PTA® Reflections

Dance Choreography Rules



WASHINGTON 2018-19

DANCE CHOREOGRAPHY is the act of creating movement. The *choreographer* (student submitting entry) may be the performer or one of the performers, but the choreographer does not have to perform in the entry.

Reflect on the 2018-2019 Theme: *Heroes Around Me*

Submission Rules/Requirements:

- Only new and original choreography inspired by the theme may be submitted.
- Each entry must be choreographed by one student only.
- Video must not exceed 5 minutes in length and 1GB (one gigabyte) in file size.
- Cite background music (if any) on the student entry form.
- Accepted video file formats include: AVI, MOV, MP4, WMV, and FLV. Save as a FILE and NOT a movie.
- Label video file and DVD/USB Drive with your student name, title of artwork, category, grade division, PTA name and number.
- Original signed and completed student entry form should be securely affixed to the front of a **re-closeable manila envelope in a sheet protector or plastic sleeve**. Student entry form must be accessible. DO NOT use re-sealable bags (i.e. Ziplocs).
- **Dance Choreography entries (DVD or USB) may not be returned by WSPTA.**

Consider the following styles and ensembles to portray your original choreography: Ballet, contemporary, ethnic and folk, freestyle, hip hop, jazz, street dance, and tap.

Ideas for Audio/Visual Quality:

Use a tripod to hold the camera still. Make sure there is plenty of lighting, especially if shooting indoors. Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.). Record a short test and watch it. If needed, change the record volume or microphone location. Make sure the background music (if any) is audible on the recording. Allow for two seconds of silence at the beginning and end of your recording.

Consider use of background song(s), props and the location to show a clear relation of the dance choreography to the theme. An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry that involves traditional, cultural or regional dances. Whether an entry displays formal dance technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

Copyright: Use of copyrighted material is prohibited. Plagiarized entries will be disqualified. Use of background music must be cited on the student entry form.

Any violation of these rules may, at PTA's discretion result in disqualification.

All participants must also follow Official Rules for Participation.